

# Lunch Program MENU

**NOVEMBER**

**Due to the office: Tuesday, October 23**

The cost for our lunch program is **\$4.00 per meal**. At Kay Bingham Elementary, we are happy to be able to provide a Meals Program for student lunches. This is **not a free lunch**, but we do have some payment options available:

- Option A: I am able to pay the full amount of \$4.00 per lunch per child
- Option B: I am unable to pay the full amount of \$4.00 per lunch per child  
*(This option requires a conversation with Mrs. Wood)*
- I have already spoken with Mrs. Wood

**Office Use Only:**

Authorization:

Amount to be Paid:

Please complete the Permission section below and enclose the form, along with payment (cash or cheque payable to Kay Bingham Elementary), in an envelope or Ziploc bag and **return to the OFFICE**. **No late orders will be accepted.**

**\*\*MEALS ARE SERVED COLD UNLESS SPECIFIED\*\***

**\*\*NO SUBSTITUTIONS\*\***

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
| <b>29</b><br>Homemade Cheese Pizza<br>Yogurt Tube & Fruit Juice                          | <b>30</b><br>Filet of Fish Burger with cheese & tartar sauce (HOT)<br>Veggies/fruit & 2% Milk | <b>31</b><br>Popcorn Chicken Breast & Dip<br>Raspberry Oatmeal Muffin & Fruit Juice     | <b>1</b><br>Chicken Breast Strip Wrap<br>Chocolate chip cookie & Chocolate Milk          | <b>2</b><br>Mexican Chicken Burrito with Cheese (HOT)<br>Cucumber/melon slice & 2% Milk |
| <b>5</b><br>Homemade Pepperoni Pizza<br>Jello & Fruit Juice                              | <b>6</b><br>Cheddar Cheese Perogies & Beef Smokie (HOT)<br>Carrots/grapes & 2% Milk           | <b>7</b><br>Chicken Breast Burger<br>Blueberry Oatmeal Muffin & Fruit Juice             | <b>8</b><br>Cheese & Crackers with Veggies & Dip<br>Vanilla pudding cup & Chocolate Milk | <b>9</b><br>Pancakes & Maple Syrup (HOT)<br>Orange Wedges & 2% Milk                     |
| <b>12</b><br><b>NO LUNCH PROGRAM</b>   | <b>13</b><br>Cheeseburger (HOT)<br>Fruit Cup & 2% Milk  | <b>14</b><br>Hoestyle Chicken Breast Nuggets & Dip<br>Banana Bread & Fruit/Veggie Juice | <b>15</b><br>Caesar Salad with Diced Chicken Breast<br>Veggies/fruit & Chocolate Milk    | <b>16</b><br>Spaghetti & Meatballs (HOT)<br>Carrots/apple wedges & 2% Milk              |
| <b>19</b><br>Pizza Pretzel with Mozza Cheese & Tomato Sauce<br>Apple Sauce & Fruit Juice | <b>20</b><br>Hot Dog (HOT)<br>Carrots/apple wedges & 2% Milk                                  | <b>21</b><br>Baked Chicken Breast Strips & Dip<br>Lemon Blueberry Muffin & Fruit Juice  | <b>22</b><br>Italian Turkey Pasta Salad<br>Cucumber/grapes & Chocolate Milk              | <b>23</b><br>Macaroni & Creamy Cheddar Cheese (HOT)<br>Pea pods/Orange wedges & 2% Milk |
|  |   |   |  |   |

**\*\*Please circle the days you wish your child to participate in our lunch program\*\***

## PERMISSION

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Payment: \$ \_\_\_\_\_