



*Respect Enables
All Learners*

KAY BINGHAM ELEMENTARY SCHOOL

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January 27, 2023

Dear Parents,

The school year is almost half over, and I not sure where the time has gone. The winter started early, and the month of January has seemed quite long in some ways, yet it has whizzed right by! As I sit writing this newsletter, children are laughing and playing during the lunch hour. Several of them stop and wave as they run by or make funny faces.



Each new day also brings continued absences in our school community affecting both students and staff. As always, please continue with daily health checks. Thank you for your ongoing diligence to keeping students at home when they are sick.

Ms. Rosie Caputo, Principal



SAFE ARRIVAL

Please do not forget to call in your child's absence and/or late arrival each day that they are absent from school.

KINDERGARTEN REGISTRATION

It is that time of year again! All children entering Kindergarten must be 5 years old by December 31, 2023, to be eligible to register. Registration will take place **February 6-10, 2023**. Please have all your documentation in by the last day of registration. General information can be found on the [SD73 website here](#).

In order for registration packages to be accepted as complete they must include your child's birth certificate, BC Services card, and proof of address (utility bill, rental lease, house purchase).

As we prepare for Kindergarten registration, there are a few things to keep in mind:

- If you have an older child attending KBES, and would like a package, please contact the school office and a package will be sent home with them
- If there are any questions, please contact Mrs. Bonderud in the school office

Kindergarten Virtual round up will be taking place on February 2, 2023, from 6:30-7:30pm. Please join us if you would like to learn about Kindergarten in SD73, as well as hear from community partners.

See the attached sheet for registration and zoom link.

COMMUNICATING STUDENT LEARNING

Student progress and reporting will be sent home in paper copy on February 2, 2023; however, they will be published to the portal later today. You may take the opportunity to see them ahead of time if you log in. Our 4-point proficiency scale indicates your child's performance in relation to the learning standards and concepts for their grade level in each subject area. Please feel free to contact your child's teacher should you have any questions about their progress.

Like the first school term, overviews for the second school term will be shared with families by February 1, 2023. Overviews will provide you with key concepts and skills being covered, some of the learning activities your child will be engaged in as well as various ways your child will be assessed and demonstrate their learning.

INDOOR SHOES

There are a number of students who do not have indoor shoes to wear in the classroom once they take their wet boots off. Please ensure your child has a change of shoes at school to wear in and around the school. If there ever was a reason why we would have to evacuate the building in an emergency, children without indoor shoes would be in the snow in their sock feet, creating a secondary emergency situation. Thank you for ensuring your child's safety.

PAC

A big thank you to the PAC for purchasing:

- Sinks for classrooms to promote hand washing hygiene
- School-wide gingerbread cookie decorating
- Buses to field trips

FAMILY MOVIE NIGHT- February 10 from 5-8pm families are invited to come together in the gymnasium for family movie night. More details to follow! Pre-registration is required

Our very small, yet dedicated, PAC group works tirelessly to ensure classrooms and programs are supported through their generosity. As always, all parents/guardians of children at our school are members of our PAC and are encouraged to become involved in our school PAC. The next meeting is February 9 at 6:00pm.

KAMLOOPS YMCA MENTAL WELLNESS GROUPS

Y Mind Youth – Y Mind Youth is a free 7-week psychoeducational and support group for young adults **ages 18-30** who experience anxiety. Participants learn healthy coping skills, connect with other youth in the community, and get support all in a safe and friendly environment. This group will be run in person at John Tod Y.

Program Dates: Tuesdays January 31 – March 14 6 pm – 8:30 pm

Info Session 1: Tuesday, January 17 at 6 pm

Info Session 2: Tuesday, January 24 at 6 pm

Y Mind Teen – Y Mind Teen is a 7-week program that supports teens **ages 13 to 17** who are experiencing symptoms of anxiety to learn and practice healthy coping strategies to better manage stress and anxiety. Our groups provide an opportunity for teens to learn within a safe, comfortable, and fun environment, surrounded by other teens experiencing similar thoughts and feelings. This group will be run in-person at the John Tod Y.

Program Dates: Thursdays February 2 – March 16 6 pm – 7:30 pm

Info Session 1: Thursday, January 19 at 6 pm

Info Session 2: Thursday, January 26 at 6 pm

Y Mind Adult – Y Mind Adult is a 7-week program for adults **31+** who are experiencing stress and mild to moderate anxiety. Participants will learn evidence-based strategies to increase coping. This group is led by trained mental health professionals and gives adults the chance to connect with others who are experiencing similar thoughts and feelings. This group will be run at the John Tod Y.

Program Dates: Wednesdays February 1 – March 15 6 pm – 8:30 pm

Info Session 1: Wednesday, January 18 at 6 pm

Info Session 2: Wednesday, January 25 at 6 pm

Mindful Monkeys - Mindful Monkeys is a physical and mental wellness program for youth **ages 8-12** that helps support youth to be more active and learn healthy coping strategies. This group will be run in-person at the John Tod Y.

Program Dates: Saturdays January 21 – March 11 10:30 am – 12:30 pm

GLOW - Our GLOW (Girls' Life of Wellness) group helps support young women and non-binary youth **ages 8 – 12** in all five dimensions of wellness: physical, emotional, social, spiritual and environmental. During the program, participants meet in groups to have healthy skill-building discussions (eg. body image, healthy relationships, setting boundaries, puberty, morals/values, etc) and participate in wellness activities. This group will be run in person at the John Tod Y.

Program Dates: Thursdays January 26 – March 16 6 pm – 8 pm

Circle of Security Parenting Program (Abbreviated Version) - Circle of Security Parenting Program offers a weekly education program for parents and caregivers to improve the parent-child attachment. The program assists parents to better understand and respond to their child's needs and improve confidence in parenting skills. This group runs online.

Program Dates: Tuesdays February 21 – March 21 6 pm – 8 pm

Guided Loving-Kindness Meditation - Join Jenna for a weekly 30-minute Guided Loving-Kindness Meditation. Each week she will explore mindful self-compassion, providing participants with an opportunity to comfort and care for themselves and offering a kind, gentle, and supportive, informal practice. This group runs online.

Program Dates: Mondays January 31 – March 6 7:30 pm – 8 pm

If you have any questions, are looking for more information or would like to register for any of the programs, please feel free to connect with our Program Coordinator Riley at [250-376-4771 ext.122](tel:250-376-4771) or email us at mentalwellness@bc.ymca.ca

MyEdBC MESSAGES

One of the platforms that SD73 uses to send out email and other messages to parents is MyEdBC. Unfortunately, it has come to our attention that Hotmail email accounts filter out any MyEdBC messages. We would ask that if you have a Hotmail account that you currently

use for school and district messaging, that you provide the school with an alternate email address to not miss out on any important messages. We have been informed that Gmail accounts work fine with this platform.



PARENT PORTAL

Earlier this month, parents received an email regarding registering for the MyEdBC parent portal. MyEdBC is the student management system that houses all student demographics. The school district is moving towards posting many pieces of student learning on the portal including report cards, portfolios, attendance, verification forms, high school course selection, and progress towards graduation. There are several benefits including:

- Parents can easily access their child's report card
- Increase the security and privacy of student information. With the Family Portal, report cards are stored and accessed on a secure web server as opposed to being sent out on paper.
- Parents can view up-to-date attendance information.
- Parents can view demographic information and contact the school should updates/changes be required

While currently, the portal is an optional piece, high schools are already using it. If you require more information or need help setting up your account, please contact Mrs. Bonderud in the school office. Please note, paper copies of report cards will be sent home this year.

CALENDAR EVENTS

Following on next page.

ATTACHMENTS

Kindergarten Round Up

FEBRUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	FEBRUARY IS DIVERSITY MONTH		Div 9/10 Skating @ 9:15- 10:15		Non-Instructional Day #4 School closed	
5	6	7	8	9	10	11
			Div 7/8 Skating @ 9:15-10:15 Literacy Night 4-6 pm	PAC Meeting 6:00pm Spirit Day: Rainbow Colours	Popcorn Day PAC Movie Night 5-8pm	
12	13	14	15	16	17	18
Metis Jigging for all classes this week	Kamloops Blazers Visit	Valentines' Day: Wear red/pink/hearts Div 7/8 Skating @ 9:15-10:15				
19	20	21	22	23	24	25
	Family Day School Closed	Div 1/2 Skating @ 9:15-10:15	Pink Shirt Day Bear Pod to BC Scotties Curling	Orange Shirt Day	Popcorn Day Art Starts Performance	
26	27	28				